



## Tupwood Gate Nursing Home

A new Quality of Life

### Summary of Services Provided

#### Overview



Tupwood Gate provides first class 24 hour nursing as well as specialist care for those with dementia related illnesses. Our team of highly qualified and dedicated staff focus on the individual needs of residents.

#### Key Information:

**Matron/Manager:** Jenny Roach

#### How to Find Us:

Tupwood Gate Nursing Home  
74 Tupwood Lane Caterham Surrey CR3 6YE

Advice Line Tel: 01883 342275

Email: [tupwood@cygnethealth.co.uk](mailto:tupwood@cygnethealth.co.uk)

#### Summary of Services

- ✓ Care home with nursing
- ✓ Dementia Care
- ✓ Respite Care
- ✓ Palliative Care
- ✓ Alzheimer's Care
- ✓ Convalescent/Post-Operative Care

#### Services

##### Nursing & Medical Care

- ✓ Personal Care Plan
- ✓ Personal Key Worker
- ✓ GP Permanently on Call
- ✓ Continue with your own GP

- ✓ Specialist Nurses Visit
- ✓ Optician Visits
- ✓ Dietician Visits
- ✓ Chiropody Services
- ✓ Physiotherapy Services
- ✓ Complementary Therapy Services
- ✓ Hotel Services
- ✓ Full-time Housekeeping team
- ✓ Full laundry service
- ✓ Services

## **Activities & Entertainment**

- ✓ Attend local church services
- ✓ Religious services
- ✓ Resident group/committee
- ✓ Mobile Library
- ✓ Visitor's Participation
- ✓ Variety of activities, entertainment and outings

## **Visitors are always welcome at our care home...**

Please contact us now for a visit.

Tupwood Gate Nursing Home

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## **Facilities**

### **General Facilities**

- ✓ Purpose-built accommodation
- ✓ TV lounges
- ✓ Private visiting room
- ✓ Use of minibus

### **Room Facilities**

- ✓ All rooms have ensuite facilities
- ✓ Personal furniture and possessions allowed
- ✓ Private telephone line
- ✓ TV point
- ✓ Double rooms available

### **Restaurant & Dining Facilities**

- ✓ Separate restaurant/dining room
- ✓ Daily change of menu
- ✓ Room service available
- ✓ Meals may be served outside on a nice day
- ✓ Assistance with feeding available
- ✓ Beverages available throughout the day
- ✓ Visitors welcome to join residents for meals
- ✓ Vegetarian and special diets catered for

## **Gardens**

- ✓ Landscaped Gardens
- ✓ Sitting areas
- ✓ Pathways suitable for wheelchairs
- ✓ Sensory Garden
- ✓ Secure Garden

## **Safety and Specialist Features**

- ✓ 24-hour nurse call system
- ✓ Smoke Detectors
- ✓ Thermostatic radiators
- ✓ Full lift
- ✓ Indoor and outdoor wheelchair access
- ✓ Lifts and specially equipped bathrooms
- ✓ Part-Time Maintenance Office